

# 4.0 Addendum

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# 5.0 Policies & Standards for Practitioners

## Practitioner & Teacher Eligibility

**Upon completion of the Advanced Training with Alexis Cartwright, you are eligible to perform full Transference Healing sessions (Fundamental and Advanced healing) for clients, in a professional capacity.**

You are also eligible to perform Beyond Doorways Sessions, Animal Magic Readings and Circle of Fire sessions (refer to 6.0). If you are interested in offering these additional healing sessions, you must first complete the corresponding workshop with Alexis Cartwright or a certified Transference Healing Teacher. These workshops include the Beyond Doorways Level 1 (BD1), Beyond Doorways Level 2 (BD2) and/or Animal Magic Workshops (AM).

If you go on to become a Transference Healing Teacher, you become eligible to teach the Transference Healing Fundamental Training. If you are interested in teaching the smaller Transference Healing workshops - Beyond Doorways Level 1 (BD1), Beyond Doorways Level 2 (BD2), Animal Magic (AM), Child of Light (COL), Child of Light Meditation or Alchemy - you must first become a certified Transference Healing Teacher, then receive the additional certification to teach each smaller workshop.

Should you wish to gain Teacher certification for all smaller workshops you must also have completed the workshop itself, *with Alexis*. You may choose to sit these smaller workshops with another certified Teacher, however if you wish to teach the workshop, you must re-sit the workshop with Alexis before gaining Teacher certification for that workshop. Any workshop re-sits will of course be charged at the re-sit cost.

**Each of the smaller workshops has its own Teacher Training.** You may choose to gain Teacher certification in one of the smaller workshops (e.g. BD) and not the others (e.g. COL and AM); the choice is completely up to you. N.B. The Beyond Doorways Level 1 & 2 Teacher Training is consolidated, so can only be attended by Teacher Graduates who have completed both BD1 and BD2.

The Teacher Trainings for each of the smaller workshops run for approximately one hour for a one-off cost (see website for details). This one-off cost will provide you with Teacher certification, along with a comprehensive manual and certificate. You will also receive acknowledgement for

having completed that workshop on the Registered Healers page of the Transference Healing website. Re-sitting the Teacher Trainings for these smaller workshops is free.

Any future workshops developed by Alexis for Transference Healing will be made available to you in a similar fashion, as guided by Spirit.

In summary, upon completing the Transference Healing® Advanced Training with Alexis, you are eligible to:

- Offer Transference Healing sessions to clients.
- Attend the Transference Healing Teacher Training.
- Offer Beyond Doorways 1 Sessions (if you have completed the BD1 Workshop).
- Offer full Beyond Doorways sessions (if you have completed the BD1 & BD2 Workshops)
- Offer Animal Magic Readings (if you have completed the AM Workshop)
- Offer Circle of Fire Sessions (if you have completed the AM Workshop)

Upon completing the Transference Healing® Teacher Training you are eligible to:

- Teach the Fundamental Training.
- Purchase Transference Healing products at their wholesale price.
- Purchase workshop kits for training.
- Attend the Transference Healing Mystery School.
- Attend the Teacher Trainings for all smaller workshops (BD, AM, Alchemy & COL).

To be eligible to gain your Teacher certification to teach any/all of the smaller Transference Healing® workshops, you must have:

- Completed the workshop with Alexis Cartwright, for the first time or as a re-sit.
- Completed the Teacher Training for that particular workshop.

## Qualification Policies

Transference Healing has a responsibility to ensure its Practitioners are holding this lineage with professionalism, skill and integrity, and are consistently upgraded to maintain a clear and pure frequency. As a result of our dedication to this process, we have the following policies in place.

To maintain your Practitioner certification, you are required to abide by the following policies:

1. You must ascertain and meet the minimum legal requirements to work as a Practitioner in your country or region, ensuring you meet your statutory obligations in terms of insurance, privacy, the certification to work with children (if relevant) and so on. Your certification as a Transference Healing Practitioner offers you no legal qualifications to work with the public and it is your responsibility to meet the standards relevant to the laws and regulations of your country.
2. You must facilitate all Transference Healing sessions with the utmost care, skill and ability, and in accordance with the guidelines within the Fundamental and Advanced Manuals.
3. You must behave professionally, courteously and respectfully in all dealings with Transference Healing and any Transference Healing clients.
4. You must never reproduce, copy, sell, trade, record (audio or video), resell or exploit for any commercial purpose any aspect of the Transference Healing workshops and trainings, or any associated materials. You must uphold the intellectual property and other proprietary rights in materials provided in all Transference Healing workshops and trainings.
5. Finally, you acknowledge that healing and medicine are separate disciplines. Transference Healing sessions, workshops and trainings are intended as a supplement to, not substitute for, professional medical care or treatment, and completion of this training does not qualify you medically, or as a psychologist or therapist. As such, you must never diagnose, perform medical treatment, make medical claims, offer any guarantees, prescribe therapies, remedies or medication, or interfere with any treatment prescribed by a licensed medical professional. We advise that you seek knowledge and/or advise pertaining to disclaimers of this nature when taking on new clients.

These Qualification Policies should be honoured at all times. Any Practitioner breaching them, either by representing themselves inaccurately or offering services without the appropriate certification, may have their certification terminated. In extreme cases, they may face legal action. Of course, this is also an abuse of power and will have universal energetic consequences.

These policies protect the Transference Healing frequency and its sacred information. They are common sense and not difficult to abide by. They protect you by preserving the quality and reputation of Transference Healing, its teachings and its Graduates, now and in the future.

## Re-Sit Policy

Our re-sit policy is for Transference Healing Graduates who are attending a training with Alexis as a revision and for a reduced price.

The Transference Healing frequency is growing and transforming all the time. No two trainings with Alexis are the same. Every time you attend, your awareness expands, and you will find that each training unearths more understanding and knowledge within you.

To keep your qualifications up-to-date, we encourage all our Practitioners and Teachers to re-sit their Fundamental, Advanced and Teacher Trainings every two years. This is a recommendation, not a requirement, except if you wish to remain listed on the Transference Healing website as a registered Transference Healing Practitioner and/or Teacher. That is, if you would like to be endorsed by Alexis on the Transference Healing website, we require that you re-sit your Fundamental, Advanced and/or Teacher training with Alexis every two years.

Being featured on the Transference Healing website offers you our endorsement and provides you with a globally recognised platform to advertise to potential clients and students. **Those who are not featured on the website are still eligible to operate as Transference Healing Practitioners and Teachers.**

Even if you do not work with Transference Healing in a professional capacity, or you choose not to be listed on the Transference Healing website, you are still encouraged to re-sit the Fundamental, Advanced and/or Teacher trainings at your discretion. Many Graduates find this to be a great way to receive an energetic upgrade in support of alchemical healing and lightbody integration. You will also find that you absorb new information, or gain a deeper understanding of the energy, every time you re-sit a training. As a general guideline, we do recommend graduates who are committed to their personal or professional growth to re-sit the training relevant to their level of certification every two to three years.

There are some exceptions to our re-sit policy. Teachers are not required to re-sit the supplementary Beyond Doorways, Animal Magic, Alchemy and Child of Light workshops every two years to remain on the website.

## Advertising & Branding

If you choose to attend the Transference Healing Teacher Training, you gain access to advertising and promotional materials that use the Transference Healing logo, name and visual brand within Transference Healing guidelines.

Be aware that no amount of advertising will increase your client base if you are not energetically able to hold the space required to support it. Your client base is divinely-guided to you. You will only attract as many clients as you can energetically hold a space for. So, the best way to increase your client base is to work on your own self-healing and self-mastery!

That being said, as with all manifestation, **you must DO**. You must 'put yourself out there' so people can find you when they are contracted to find you. Sitting around and manifesting with your mind is not enough; marketing and promoting yourself, your services and Transference Healing are important. The trick is to ensure that your marketing realistically reflects who you are and where you are at in your growth as a Practitioner.

### Web

The Transference Healing website is continually upgraded and refined to stay aligned with the growth of Transference Healing, its Graduate base, client needs and the digital space.

The Registered Healers page lists all certified Practitioners by country and, where necessary, region.

- You must ensure your details are correct. If you relocate or undertake additional training, you need to ensure that the details are updated on this page.
- Upon completion of your training, you must formally give permission, via email, for your name to appear on the website. We will contact you when it is time to do this.

### Brochures & Flyers

To support Graduates and to ensure consistent, quality communication in relation to all things Transference Healing, all certified Practitioners are encouraged to use the standard Transference Healing brochures. These have been designed professionally for Transference Healing and are very effective. They truly represent the frequency of Transference Healing and are available at affordable wholesale prices that are listed on your Price Standard. If used correctly, these support tools will become a vital advertising tool for your business.

Each brochure has a blank space included in its design, onto which you can add your name, contact details, photograph and any other information you want to advertise. It is best to print out adhesive labels for this purpose, as it is the most professional approach.

## Important Marketing Policies

It is important to us that you express your individuality and unique gifts with and through the Transference Healing energy and frequency. Transference Healing is also a legally branded entity with its own set of products and services, and it must be acknowledged as such in relation to any other enterprises you are involved with on a personal level.

Developed as a fifth dimensional template for businesses of the New Age, the policies outlined in this document protect the intellectual property of Transference Healing. They also protect Transference Healing energetically, maintaining the quality and professionalism of its products and services. If these policies are not honoured, legally or energetically, the energy is impacted.

If a Graduate chooses to explore their own creative gifts and spiritual journey by developing their own services and products, this must occur in isolation from Transference Healing products and services. Any product or service created with your own unique gifts should be marketed with respect to the guidelines mentioned below. While our graduates are not required to develop their own product lines and services, it must be understood that if you do, you make an effort to separate them from the Transference Healing energy.

We have outlined a few key areas where this policy must be considered:

- a) If you facilitate a presentation or event using the Transference Healing brand and teachings, such as an introductory seminar, only Transference Healing products and tools should be sold at the event. Services relating to other modalities should not be advertised at these events.

This ensures the energy of Transference Healing is contained. It also ensures there is no confusion regarding what is, and what is not, Transference Healing.

- b) In your own healing space, you are welcome to offer your own products services in addition to Transference Healing, however they should be displayed and promoted separately. It should always be clear which products and services are Transference Healing, and which are your own.

This differentiation should be carried through to advertising and displays at events. In addition to this, you would also acknowledge Alexis Cartwright as the channel, anchor and founder of Transference Healing. The promotion of your own products and services alongside TH products and services in a public space must be approved by Transference Healing beforehand. If you would like to make such a request, please contact us directly.

- c) Only certified Teachers can promote themselves using the Transference Healing® name and brand at community events/festivals. Representatives of Transference Healing participating in large festivals, such as the *Mind Body Spirit Festival*, must have completed

their Teacher training. Participation at large events such as these must be supervised by at least one Transference Healing Mystery School Graduate.

Certified Practitioners can offer Transference Healing services at small community events and presentations, however they may only do so under their own business name, not 'Transference Healing'.

It is our responsibility to not only impart the teachings of Transference Healing, but also to educate our Practitioners and Teachers on how to operate a business in higher consciousness. These policies are set up to support our Teachers, and those who abide by them will see their businesses grow. The branding of Transference Healing, including workshops and products, is specifically designed to support individual practices through its global recognition and energetically-supported identity.

Following these policies ensures you are being represented by a unified entity founded on energetic balance and cooperation, providing opportunities for growth and success to all businesses.



# 6.0 Additional Healing Sessions

Those Graduates who have completed the Advanced Training with Alexis Cartwright, and are therefore certified Transference Healing Practitioners, can offer Beyond Doorways Sessions, Animal Magic Readings and Circle of Fire Sessions to their clients. To do this, they must have completed the Beyond Doorways and/or Animal Magic workshops. This offers our Practitioners some diversity in their healing services, and enables them to support their clients in assimilating the healing properties of each corresponding publication, supporting the growth of their client base. They are also beneficial sessions to offer people who want to get a feel for the Transference Healing energy before stepping into a full TH session.

When attending festivals, markets or hosting promotional events, it is best to offer Beyond Doorways 1 Healing Session and Animal Magic Readings to those you come in contact with.

## Beyond Doorways Healing Sessions

*\*These sessions can be run on new clients, that is, someone who has not experienced a full Transference Healing session. The Beyond Doorways 1 and Full Beyond Doorways Sessions can be offered by certified **Practitioners** who have also completed the corresponding small workshop (BD1 and/or BD2).*

These sessions offer a remarkable opportunity for the client to experience some of the magic involved in Transference Healing. They are also useful to offer clients who want to get a feel for Transference Healing before stepping into a full healing.

By experiencing the specific procedures that work with crystal wands, they will feel the crystal technology within Transference Healing. They will receive Atlantean and Lemurian technology, supporting them to embody frequency shifts in their DNA and facilitating divinely-orchestrated cellular purification.

They will also feel the unique experience of participating in a gridding procedure. Through the Stargate Grid Procedure, they will experience the alchemical changes necessary for the healing and integration of their fifth dimensional Adam Kadmon body, allowing the physical body and consciousness to respond to the lightbody.

These healing sessions offer a spiritual experience that helps clients integrate the magic of the Transference Healing teachings. They are also supportive to clients who have healed a reoccurring symptom and, as a result, are choosing to become more empowered.

### **How to Run Beyond Doorways Healing Sessions**

If you are a certified Practitioner and have completed the Beyond Doorways Level 1 and/or 2 training, you can offer these sessions. Simply follow the procedures in your Beyond Doorways Workshop Manual/s. Remember, while a Beyond Doorways 1 session can be run on its own, the Level 2 procedures can only be run as a Full Beyond Doorways Session. That is, you must perform the procedures in the Level 1 manual before moving onto those in Level 2.

You will divine and provide a Beyond Doorways essence to support the healing. You will also provide a Transformation Record sheet, located at the back of each corresponding manual. If guided, you can divine one Animal Magic card to support this session and provide a reading.

**Duration:** A BD1 Session will run for 30-45 minutes. A full BD Session will run for 60-90 minutes.

**Price:** Refer to the Price Standard. The price includes the cost of the essence.

## Animal Magic Reading

*\*This session can be run on new clients, that is, someone who has not experienced a full Transference Healing session. You can offer this session to your client if you are a certified **Practitioner** who has also completed the Animal Magic Workshop.*

This session offers your clients the chance to experience a more in-depth reading about what they are currently going through, or what is playing out in the circumstances around them. It could be introduced to clients who are particularly drawn to the Animal Magic Divination Cards.

This session is also useful to offer clients who want to get a feel for Transference Healing before stepping into a full healing.

This session is good for clients who would benefit from more conscious guidance and insight. Remember, a Transference Healing session should be about the energy. If you find you are getting 'caught up' in their processing, or your healing sessions are running over time because your client wishes to talk to you more about their healing, you may choose to offer an Animal Magic Reading as a supplement.

It requires a certain level of mastery to offer this session. If you are offering it, you should be able to use the Animal Magic cards as a vessel to open your own intuitive awareness. Though you would always use the Animal Magic book as a guide, you should know the cards well enough that you are not simply reading from it. Running full Transference Healing sessions on clients will support you to master this process.

### How to Run an Animal Magic Reading

You can offer this session to your client if you are a certified Practitioner who has also completed the Animal Magic Workshop.

The session should flow as follows:

- White light the client and room.
- Run the Three Polarities of Christ Procedure.
- Run the Earth and Body Magnetic Grid Alignment Procedure.
- Divine three cards: Earth, Elemental and Mythical.
- Using your Animal Magic book, offer your client a reading. Surrender to the divinity of the process.

You will provide a record sheet. Please contact the office to receive a copy of this record sheet.

**Duration:** This session will usually run for 30-45 minutes.

**Price:** Refer to the Price Standard.

## Circle of Fire Session

*\*This session can only be run on clients who have experienced a full Transference Healing session with you. You can offer this session to your client if you are a certified **Practitioner** who has also completed the Animal Magic Workshop.*

This session offers your clients the opportunity to experience the Circle of Fire from the Transference Healing Animal Magic teachings. It could be introduced to clients who are particularly drawn to the Animal Magic Divination Cards, and are open to experience their energy in sacred ceremony.

You can also offer this session to clients who are undergoing a deep clearing and purification process. It is also helpful to those who are surrounded by negativity, karmic circumstances or power-plays. In rarer cases, you may have a client who is encountering reoccurring misfortune, earthbound energies and sickness, or is undergoing an experience of redemption, in which case the Circle of Fire session can be a particularly profound healing experience.

This Circle of Fire Session also supports the awakening of the kundalini, and enhances divine love and protection. It is especially good at purifying the ego and power centre.

This procedure is unique in that it is especially powerful when performed on land, projects and circumstances. For instance, if your client has just purchased land and wants to purify it before building, or they are just beginning a new work project that is encountering great difficulties, you could offer to run this session on their land or project to support a purification and clearing.

### How to Run a Circle of Fire Session

You can offer this session to your client if you are a certified Practitioner who has also completed the Animal Magic Workshop. When running this procedure, it is recommended you feel into the ceremony of it. Perhaps you could run it outside, in nature, or include some ceremonial drumming. In all cases, however, you should not alter the procedure as detailed in the Animal Magic Manual or here. Simply follow the procedures as detailed.

The session should flow as follows:

- When running this session, it is best to set up the Circle of Fire before beginning. That is, prepare your five Animal Magic cards prior to your client's arrival, and place them at their appropriate points.
- After you have saged and given your client the opportunity to go into stillness, have them enter through the North Point. Commence the session by drawing the circle. Face each point in the order indicated in the manual, and verbally honour each divined animal (e.g. "We honour the being of the North Point; Turtle").

- Continue the procedure as detailed in the Animal Magic Manual, but swap the pronoun “I” for “We”.
- You may choose to verbally indicate each procedure briefly. For instance, you may choose to say aloud “We ignite the wand from the Great Central Sun” or “We see and feel the North Point ignite”, rather than simply performing the action. This will support your client to consciously connect with the process.
- When you have completed the procedure and it is time to feel into the energy, simply state “Take your time to feel into the energy. If you like, you may choose to kneel. When you are ready, exit through the North Point”. (Note that you, as the person performing the procedure, should not kneel).
- When your client has left the circle, give gratitude to the beings that supported you, exit through the north point, disassemble the grid, and sage your space.
- You can integrate a three-card Animal Magic reading into this session. If you do this, it should occur at the beginning, before commencing the Circle of Fire.

**Duration:** This session will usually run for 45-60 minutes.

**Price:** You would charge the same price as you would charge for a full Transference Healing session.

*This procedure should only be recommended to clients when intuitively-guided.*

# 7.0 Working with Clients

## How to Run a Transference Healing Session

The procedures taught in the Fundamental and Advanced Manuals work with frequency, and impact the body through pure, directed intent. It is not necessary to touch the body when running these procedures. **When you run a Transference Healing session, you should never touch the body of the person you are running energy on.** The only instances where you are required to touch the body are when placing the Star of David crystal onto the third eye chakra in the optional Star of David Initiation (7.26-b), or when the client does not come back into consciousness after the healing, in which case they might require a gentle touch on the knee. You should always advise your client of this possibility before commencing the healing session.

A Transference Healing session should be performed with the client comfortably seated in a chair opposite you, usually at least a metre away, facing toward you. The client should always be offered a comfortable and supportive chair, or a reclining chair. Their chair should offer them back support, without disturbing their arms. The chair should also allow the client's feet to rest comfortably, either flat on the ground, or suspended in a supported manner.

It is also a good idea to have a side table nearby that holds your healing tools, such as your Crystal Cross and Star of David vogels, Animal Magic Divination Cards and so on. The table should be in a position that does not require you to twist or bend to reach your tools. An additional stand or table for your manual, templates and Transformation Record sheets is also advised. If you are running the energy as a Practitioner, we recommend the use of an easel (with a boarded back), on which you can prop these items. Whether using a stand, table or easel, your manual should be at divination-hand height and distance. This allows you to easily flip through your summary pages and divine without bending, twisting or creating eye/neck strain.

It is natural for most of us to want to lean toward the client or hold our arms outstretched when we are running energy on them. This is not required, nor is it advisable; in the long term, it will create shoulder, back and neck aches. Keeping your elbows tucked into your sides when you are divining or running frequencies is advised.

Finally, if you are running the energy in a professional capacity, we highly advise that you have a set of Animal Magic Divination Cards to support the Animal Magic procedure and reading. All clients should walk away from their session with a completed Transformation Record Sheet and Lightbody Kit essence.

Healing sessions generally run for approximately 90 minutes. This is sufficient time to get your client settled, run the procedures, and discuss what occurred during the healing. This reading, provided at the end of the session, should take no longer than 20 minutes.

In summary, remember the following key points:

- a. Never touch the body (except in the Star of David Initiation or, if required, Grounding).
- b. Both you and the client should have a supportive and suitable chair.
- c. Manuals, templates and record sheets should be placed on a stand, table or easel at the correct height and distance.
- d. The healer should have a table or stool nearby for additional healing tools.
- e. Keep arms tucked in and avoid leaning forward when running energy.
- f. Have the Animal Magic Divination Cards on hand for the healing.
- g. After running the session, discuss your insights with the client (10-20 minutes). Give them their Transformation Record Sheet and Lightbody Kit essence to take home.

## Absentee Healing Sessions

One of the beautiful advantages of working with Transference Healing is that it transcends time and space. If a client is unable to attend in-person sessions, or has connected with you from a distant location, you can offer an absentee or remote session.

Absentee healing sessions are performed in much the same manner as in-person sessions. Ensure you have all the relevant details required for the healing before its scheduled commencement. Prepare your healing space as normal, then go into stillness and set the intent to connect to your client's etheric template. When you are ready, begin the session. Once the healing is complete, contact the client with your insights and a summary of the healing process that occurred. This can be done over the phone, video conferencing, or by recording the reading and sending it to the client as an audio file. Transformation Record Sheets should be photographed, emailed or mailed to the client for their ongoing referral.

Clients should be given the option to go into stillness and consciously connect with the healing process while you are performing the healing. Alternatively, they can go about their day while you run the energy, and connect with you for the reading at a scheduled time. Whatever their preference, it is important they are informed of the exact time you will begin running the energy, and when/how they will be receiving the information from their session. If you have arranged a live call or video conference to do this, it is advisable to do it immediately after running the energy, however it can be scheduled later if this is not possible. It is highly advised that you connect with your client about the healing no more than 24 hours after it has been performed.

When performing the Lightbody Kit procedure, complete the healing by etherically adding seven drops of each divined essence into your client's Chiron Point. The Lightbody Kit essence should then be mailed to the client within 24 hours, wherever possible. We understand that there are sometimes instances where this is not feasible, (for instance due to customs restrictions or unreasonable costs). It is sufficient to simply drop the essences into the Chiron

Point in these instances. Having said that, wherever possible, your client should be mailed their essence to work with after the healing. If you are working with a client that has completed the Fundamental Training, they may make up their own essence from the Transformation Record Sheet you have provided.

## Some Advice for the Developing Healer

The advice below is regularly offered by Alexis Cartwright during trainings and presentations. Be aware that such wisdom has been offered by many healing masters over time; it is respected across all healing arts. The following key points have been inspired by Caroline Myss.

1. One of the first questions you may ask yourself when you are entering a healing profession is “what sort of healer am I going to be?” Whether this is your first experience working with a healing art, or you have experience with many others, you have stepped into the lineage of Transference Healing, acquired the knowledge and tools, and must simply move forward with its integration and practice. Focus on cultivating the wisdom, teachings and gifts offered by Transference Healing. Run the energy on yourself and your family, and let the rest evolve. Over time, you will be guided in the direction of your destiny and you will unearth your unique art (your specific strengths and style).
2. To become a certified Practitioner in the Transference Healing Diamond Pyramid of Light, you must meet and maintain certain standards. Along with your connection to the God/Goddess, guides, Masters and so on, it is imperative to have a teacher when you are learning a healing art. Within this lineage, Alexis Cartwright is your Earth Teacher, in addition to which you also have your Fundamental Training Teacher. Your teacher will support you to manage your energy, purification, transference shifts, initiation processes, perception and ego. Through them, higher teachings are grounded in a comprehensible, practicable and respectful way. They are your guides as you learn how to take responsibility, honour policies and build a client base.
3. Learning a healing art takes time and commitment. You must study, practice, work on yourself, observe, integrate, clear, purify and reconnect. If you do not have the time or dedication to immerse yourself in this mastery process, you are not yet ready to begin building a client base. However, just because you do not commit to healing as a profession does not mean that it cannot play an important and profound role in your personal journey. The key is to be clear with yourself and others regarding your skill, commitment and capabilities.
4. Remember that traditional medicine and energy work are allies, not adversaries. They can and should work together in many circumstances. For example, if you break your leg, you should see a doctor to set it, while energy work can speed up the healing process.
5. What are some important ethics for healing practitioners? In addition to the policies you have agreed to honour by working with Transference Healing, there are additional principles that should always be upheld. They include.



- Remember that you have every right to decide what is appropriate for you and this should not be compromised. You are under no obligation to work with someone who, for example, is incompatible with your healing style, is mentally unbalanced, or makes you feel unsafe. It is very important you foster the ability to tell someone, “I am not the person for you”, or, “I cannot help you”.
- Never promise an outcome! Never say, “this will work” or “this will fix you”. Your job is to channel and facilitate the Transference Healing frequency to the best of your ability, to hold a space for your client and to detach from the outcome. The rest is up to your client, their Higher Self and the God/Goddess. We advise that you seek knowledge and/or advise pertaining to disclaimers of this nature when taking on new clients. When teaching, we advise that you set specific Terms and Conditions which must be agreed to before the training’s commencement.
- Consider your language when working with clients, and be conscious of your perception. Emotional attachment and possessiveness are not appropriate in a healing environment. You do not own your clients; they can and may choose to work with other healers at different times, depending on their needs. This is a perfectly normal occurrence. It should be honoured, not taken personally.
- Be aware that your clarity as a Practitioner is greatly enhanced by objectivity and detachment. When people come to you as a client, you must honour them and the service you provide. In most cases, it is not a good idea to socialise with your clients or initiate close, personal friendships with them. Clarity and objectivity can become diminished and you may not facilitate a healing process to the best of your ability.
- It is neither ethical nor responsible to romantically engage with a client.
- Watch your ego; it is very tempting to want to impress your client by communicating how much you know. When running a Transference Healing session, remember to let the energy do the work. The reading should share what you have seen come up in the healing process and information you believe will help them; it is not an opportunity to show off, overwhelm them or make them feel ignorant. If you do not know the answer to a question, simply state as much. Importantly, it is never necessary to share something that will only cause fear, embarrassment or create a negative atmosphere, just because you have seen it intuitively. Instead, refine your delivery and share something that will support them. For example, if you feel you are picking up on violence within a relationship, there is no need to seek confirmation of this. Doing so could trigger fear, embarrassment or shame in the client. Rather, you could discuss that you are picking up on issues related to grief and disempowerment, and encourage the client to seek guidance or counselling.

- When you begin working with a healing art that creates so much change for you, it can be very tempting to enthusiastically share it with others! Socially, you might find yourself approaching someone with the promise you can help them. Realise that you are not doing someone a favour by rushing to the front of the line. When you go out socially, do not scan for people to 'save'. It is, however, completely appropriate to discuss your healing services in a social environment if someone approaches you and asks about your work.
  - It is an archaic myth that healing is a spiritual service for which you should not request compensation. Healing is an exchange of energy and, like any other service, should be honoured as such. You have invested time, money and a great deal of personal work to acquire and master your healing skills, and you should not feel guilty for charging accordingly. Discomfort with this is a holdover of an old belief that to live in purity and serve God, one must be poor or ascetic. It is vital that we overturn this myth, for true spiritual evolution requires that our spiritual gifts integrate with our reality. If seeking payment creates discomfort in you, examine your perception and self-worth. Embrace the opportunity to offer your services while also living in abundance.
  - Your healing service is the means through which you support yourself and your healing practice; it is your livelihood. We do not recommend that you offer free healing services (except to your loved ones), or barter for your services. If you do not charge a fee, it will diminish the credibility and professionalism of not only your own practice, but also Transference Healing as a whole. If someone comes to you who does not have the means to afford a healing session, you may compromise on your fee for that person. Having said that, we recommend that the fee you request meets your needs and the needs of your healing practice. Transference Healing has pricing policies to guide you. Charging within the range detailed in our Price Standard honours your worth, your time and the Transference Healing energy. It is also appropriate you arrange a healing exchange with another practitioner, ensuring you both honour the process, and the exchange is equal in terms of skill and monetary value.
6. It is not beneficial or healthy to isolate yourself from the world. It is not helpful to ascribe to the dysfunctional model that you must be sensitive and isolated to remain balanced and effective as a spiritual healer. Healers, more than anyone, must be connected to the world and must participate in it. Managing fear, the individuals around you and your reality as a whole is strengthening to your psyche and your healing skills. In fact, to be of service to the world, you must function within it.
7. It is important to set boundaries between you and your clients.
- If you serve others, you must have boundaries. In turn, you must respect the boundaries of your clients. Boundaries prevent chaos and conflict, and maintain

mutual honouring. Not all conversations are appropriate in a healing environment, and physical contact must be managed with the utmost care. You must remain thoughtful, considerate and discerning when managing these boundaries.

- Do not become over-accessible to your clients. This will not serve you or them! It is okay to say no, and to delineate your personal time and space. Setting these boundaries not only protects you from burn out, but also empowers them by preventing surrogation. It is helpful to set clear boundaries from the start. For example, do not answer the phone if they call at an inappropriate hour, and do not have long conversations with them outside of a healing session. Inform them of what days/hours you are available and what they need to do to book a session. Let them know how long each healing session should take and keep to that time frame as much as possible. After a healing, set the expectation that it is only appropriate to call you if they are experiencing extreme symptoms they feel are directly attributed to the session. Sometimes, you will encounter clients where firm boundaries must be drawn, and you must prepare yourself for that. For instance, if a client calls you to mentally or emotionally process their circumstances, suggest that they arrange a session with you, in which you can discuss the matter. Be strong and honour yourself.
- Make sure you do not hold onto your client's energy after they leave. To best serve them, you must remain detached. Getting overwhelmed or drained by their situation will not help them.
- For some healers, it is not energetically helpful to hug clients. This can be energetically draining for you and can create unclear boundaries. It is not necessary to be a hugger in order to be an effective spiritual healer. In most cases, it is best not to have any physical contact with your clients.
- Wherever possible, ensure that you have a healing space that is kept separate from your living space. It is not a problem to work from home, but try to avoid having your clients moving throughout it.
- The healing session is a confidential space. Except in cases where you have a legal obligation to share what you have discussed with a client, you must always protect their privacy.