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## 2.2 Recommended Schedule

This schedule is only a guide. As you surrender and master the training process, you will begin to speak to each point in-the-moment, freely providing your own insight, anecdotes and case studies, and allowing the training to flow divinely, as best meets the needs of your student/s.

Depending on the students in each class, some sections will go slow and others fast. Your scheduled breaks may change slightly. If you get behind, you will catch up in another area and you will easily complete the three-day training on schedule. Try to keep reasonably close to this schedule, but do not get anxious if you don't.

It is very important to ensure a sacred space is maintained for your training, so make sure there will be no foreseeable disturbances. Ensure you:

- Switch all phones off, including your home phone (if training from home).
- Have a sign on your door so visitors and family do not enter and disturb the training.
- Never leave students alone while running the energy during a training.

DAY 1		
Time	Module	Tools
<p>9:00am – 12:00pm</p> <p>Training may run to 5.30pm or 6.00pm. Make sure you let your students know in advance.</p> <p><b>Note: This introduction format is compulsory for all training courses. You must cover all of these aspects in detail.</b></p>	<p><b>Getting to know you</b></p> <ul style="list-style-type: none"> <li>• Introduce yourself and each of the students.</li> <li>• Housekeeping; explain the day’s schedule, where bathrooms are located, and details relating to water, tea and coffee. Ensure phones are switched off, etc.</li> <li>• Have each student introduce themselves and state how they came to be in the training, as well as what they are hoping to achieve from the training.</li> </ul> <p><b>Introduction</b></p> <ul style="list-style-type: none"> <li>• Explain all the inclusions students have been given.</li> <li>• Have them sign their Pledge of Commitment. It is a lovely idea to make the pledge into a beautiful ritual that you all read aloud before signing.</li> <li>• Describe Transference Healing.</li> <li>• Introduce Alexis Cartwright as the channel, founder and anchor of the energy. Talk about why Alexis Cartwright channelled it onto the planet.</li> <li>• Talk about the impacts this training will have on them, letting them know they may feel overwhelmed at times and that this is normal. Let them know these are initiations and they will be given opportunities to work through their limitations. Encourage them to listen to their CD regularly. Assure them that everyone can learn to run TH.</li> <li>• Outline the basics of the manual by referring to the contents page. Explain how you will be using the manual during the training, referring to the full procedures during the training, and the summaries when practicing the procedures. Explain that you will not be reviewing all the content as it is too much. They should be encouraged to review it in their own time.</li> </ul> <p><b>*TAKE A SHORT BREAK HERE *</b></p>	

DAY 1		
Time	Module	Tools
	<p><b>You must thoroughly review the following sections in your introduction to the Fundamental Manual.</b> Do not go over the whole introduction as there is too much information to cover. Do inform your students that <b>they are expected to read the entire manual after the training.</b> It is best to have your students take turns reading the following sections out loud:</p> <ul style="list-style-type: none"> <li>• 1.1 This is Sacred Information</li> <li>• 1.2 Qualifications and Where to from Here.</li> <li>• 1.3 About the Diagrams &amp; Templates in this manual.</li> <li>• 1.12 Surrendering to the Divinity of the Transference Healing Process.</li> <li>• 2.0 The Spiritual Principles of Healing.</li> </ul>	
12:00 – 1:00pm	Lunch	

DAY 1		
Time	Module	Tools
1.30 – 2.30pm	<ul style="list-style-type: none"> <li>• 7.0 The Transference Healing Process: review the basic techniques listed prior to commencing the training.</li> </ul> <p>Note: Ensure that each student knows how to do each technique before proceeding.</p> <ul style="list-style-type: none"> <li>• Teacher Manual 2.4 - Ergonomics</li> <li>• 7.1 Clearing and Protection.</li> <li>• 7.2 Three Polarities of Christ.</li> <li>• 7.3 Centre Inner Mind.</li> <li>• 7.4 Sever Karmic Pain.</li> <li>• 7.5 Clearing Earthbound Spirits.</li> </ul> <p><b>PRACTICE PROCEDURES 7.1 – 7.5.</b></p> <ul style="list-style-type: none"> <li>• 7.6 Triangular Diamond Doorway*.</li> <li>• 7.7 Triangular Star Formation.</li> </ul> <p><b>PRACTICE PROCEDURES 7.6 – 7.7.</b></p>	<p>From Teacher Manual</p> <p>Fundamental Manual</p> <p>*Refer to template.</p>
2.30 – 3:00pm	Break	
3:00 – 5:00pm	<ul style="list-style-type: none"> <li>• 7.8 Earth and Body Magnetic Grid Alignment*.</li> </ul> <p><b>PRACTICE PROCEDURE 7.8.</b></p> <ul style="list-style-type: none"> <li>• 7.9 Chakra and Gland Procedures. (Review About Chakras &amp; About Glands.)                             <ol style="list-style-type: none"> <li>a. Chakra Wedge.</li> <li>b. St Germain’s Divine Flame.</li> <li>c. Amber Drop the Glands.</li> <li>d. Violet Flame.</li> </ol> </li> </ul> <p><b>PRACTICE ALL CHAKRA &amp; GLAND PROCEDURES.</b></p>	<p>*Refer to template.</p>

DAY 2		
Time	Module	Tools
9:00am – 12:00pm	<ul style="list-style-type: none"> <li>• Ask if there are any questions from yesterday.</li> </ul> <p><b>PRACTICE PROCEDURES 7.1 – 7.9 (30 MIN)*.</b></p> <ul style="list-style-type: none"> <li>• 7.10 Harmony Alignment Points**.</li> </ul> <p>Due to time limitations, simply demonstrate how to do the procedure. Do not cover each HA Point in detail. Do, however, highlight HA15 and HA16.</p> <p><b>*TAKE A SHORT BREAK IF REQUIRED*</b></p> <ul style="list-style-type: none"> <li>• 7.11 Metaphysical Diamond**.</li> <li>• 7.12 Feeling Vortex.</li> </ul> <p><b>PRACTICE PROCEDURES 7.10 – 7.12.</b></p> <ul style="list-style-type: none"> <li>• 7.13 Grief Technique.</li> <li>• 7.14 Master Spiritual Plane Diamond**.</li> </ul> <p><b>PRACTICE PROCEDURES 7.13 – 7.14.</b></p>	<p>*This time, your students will divine which Chakra and Gland Procedure to perform.</p> <p>**Refer to template.</p>
12:00 – 1:00pm	Lunch	
1.00 – 2.00pm	<ul style="list-style-type: none"> <li>• 7.15 Mental Pain Release.</li> <li>• 7.16 Etheric Surgery.               <ol style="list-style-type: none"> <li>a. Dense Energy Block.</li> <li>b. Master Organ.</li> <li>c. Karmic Wound.</li> <li>d. Chakra Wedge.</li> <li>e. Master Cell.</li> </ol> </li> </ul> <p><b>PRACTICE PROCEDURES 7.15 – 7.16. HAVE EACH STUDENT DIVINE ONE ETHERIC SURGERY PROCEDURE AND RUN IT ON THEIR PARTNER.</b></p>	
2.00 – 2:15pm	Break	



DAY 2		
Time	Module	Tools
2.15 – 5:00pm	<ul style="list-style-type: none"> <li>• 7.17 Chiron Wound.</li> </ul> <p>Explain how to use the Chiron Wound reference table.</p> <ul style="list-style-type: none"> <li>• 7.18 Colour Bath.</li> </ul> <p><b>PRACTICE PROCEDURES 7.17 – 7.18.</b></p> <ul style="list-style-type: none"> <li>• 7.19 Three Polarities of Christ (already taught).</li> <li>• 7.20 Alchemy Symbols*.</li> </ul> <p><b>PRACTICE PROCEDURES 7.19 – 7.20.</b></p> <ul style="list-style-type: none"> <li>• 7.21 Animal Magic**.</li> <li>• 7.22 The Four Planes of Transformation.</li> <li>• 7.23 Crystal Cross.</li> </ul> <p><b>PRACTICE PROCEDURES 7.21 – 7.23.</b></p> <ul style="list-style-type: none"> <li>• 7.24 Scales of Redemption.</li> </ul> <p><b>DO NOT PRACTICE SCALES OF REDEMPTION.</b></p>	<p>*Demonstrate the Healing with Alchemy Set if you can.</p> <p>** Demonstrate Animal Magic Divination Cards.</p>

DAY 3		
Time	Module	Tools
9:00am – 12:00pm	<ul style="list-style-type: none"> <li>• 7.25 Dragon Power.</li> <li>• 7.26 Star of David*.</li> </ul> <p>You may like to demonstrate the Star of David Initiation on a re-sit student. Alternatively, you can demonstrate it without having someone laying on the floor.</p> <ul style="list-style-type: none"> <li>• 7.27 Holding Power of Light*.</li> </ul> <p>Just refer to each aspect of this procedure. Do not cover it step-by-step; it is too big.</p> <ul style="list-style-type: none"> <li>• 7.28 Rays &amp; Masters Initiation*.</li> <li>• 7.29 Merkaba*.</li> <li>• 7.3.1 Grounding.</li> </ul> <p><b>PRACTICE – STUDENTS WILL DIVINE ONE OPTIONAL MASTERSHIP PROCEDURE AND RUN IT ON THEIR PARTNER. COMPLETE BY GROUNDING.</b></p>	<p>*Advise students that you offer Graduate Workshops for these procedures, to cover in more detail (if you offer them).</p>
12:00 – 1:00pm	Lunch	
1.00 – 2.00pm	<ul style="list-style-type: none"> <li>• 7.30 Lightbody Kit.</li> </ul> <p><b>Review the Lightbody Kit book.</b></p> <ul style="list-style-type: none"> <li>• Work through the introduction section of the Lightbody Kit book: pages 7 - 16.</li> </ul>	
2.00 – 2:30pm	Break	

DAY 3		
Time	Module	Tools
2:30 – 5:00pm	<p><b>Review the Lightbody Kit Procedure.</b></p> <ul style="list-style-type: none"> <li>• Highlight to students that they cannot use their Lightbody Kit to retail essences to the public (either now or when they qualify as Practitioners). They are only authorised to create channelled combination essences to support the healings they offer and to offer individual essences to support their healings as guided. Ensure you fully cover DOSAGES &amp; SAFETY, STORAGE &amp; TRAVELLING &amp; ADDITIONAL INFORMATION in the Fundamental Manual.</li> <li>• Have each student divine and make their essence (using the Fundamental Manual). Refer them to the Lightbody Kit for their divination reading.</li> <li>• Now go around to each student and discuss their essence. Give a five-minute reading for each, demonstrating how you do readings.</li> <li>• Review the Health Reference Chart.</li> <li>• Review Advice for the Developing Healer (Teacher Manual - Section 2.5) - 20 minutes.</li> </ul>	



DAY 3		
Time	Module	Tools
	<p><b>Closing ceremony. Discuss:</b></p> <ul style="list-style-type: none"> <li>• The importance of reviewing their manual regularly.</li> <li>• The importance of running energy on yourself once a week, if not two times a week.</li> <li>• Remind them that they cannot charge for healings, or advertise themselves as a Transference Healing Practitioner, however they can provide remote and face-to-face healings to their family and friends (explain how to do a remote healing).</li> <li>• Encourage them to listen to their Graduate CD regularly.</li> <li>• Encourage them to support themselves by receiving additional healings with Practitioners.</li> <li>• Encourage them to step into further training with Alexis. Discuss the benefits of attending the Advanced Training.</li> <li>• Discuss the Revision Session and go over the benefits of re-sitting the Fundamental Training if needed*.</li> <li>• Go over the benefits of attending additional Graduate Workshops, (if you offer them). They include:               <ul style="list-style-type: none"> <li>a. Holding Power of Light Workshop.</li> <li>b. Rays &amp; Masters Workshop.</li> <li>c. Merkaba Workshop.</li> <li>d. Developing as a Healer.</li> </ul> </li> <li>• Complete by handing out certificates.</li> </ul>	<p>*Schedule Revision Session, ideally in one month's time.</p> <p>Certificates.</p>